Tuck Shop

Unity College



fresh & fruity

Apple - slinky'd for free	GF	$1.50
Two Fruits	GF	$2.00
Watermelon Cup	GF	$2.00
Seasonal Fruit - see posts	GF	$2.00
Vanilla Yogurt & Mixed Berries	GF	$2.60

snack bar

Cheese & Crackers Nibble tub	GF	$2.80
Vege Sticks & Hummus Dip	GF	$2.80
Puffed Rice Crackers	GF	$1.50
Popcorn Cup	GF	$1.00
Hard Boiled Egg	GF	$1.40
Chips - various		$2.00
Delites Rice Crackers	GF	$1.20

salad bar

Garden Salad w/ dressing Sml	GF	$4.00
Garden Salad w/dressing Lrg	GF	$5.00
Add chicken or ham	GF	$1.00
Salad of the week - see posts		$6.00

sushi

Avocado	V, GF	$5.00
Teriyaki Chicken	GF	$5.00
Tuna Mayo	GF	$5.00
Chicken & Avo		$5.00
Crumbed Prawn		$5.00
Extra Soy		$0.50

dietary options

GF Meat Pie	GF	$7.20
GF Vegetable Scroll	GF, Vegan, V	$6.00
GF Gingerbread Student	GF	$3.00
GF Banana Bread	GF	$4.50
GF Smartie Cookie	GF	$3.80
GF Chicken Nuggets (6) w/ tom sc	GF	$6.00
GF Toasties - various	GF	$5.00

frozen treats

Frozen Yogurt - various	$3.00
Frozen Juicee Tube - various	$2.00
More frozen items at the counter	

sandwiches

Pls comment if you'd like white or wholemeal bread & if you'd like it toasted

Vegemite	V	$3.20
Cheese and/or Vegemite	V	$3.60
Chicken or Ham w/ cheese		$4.80
Chicken or Ham Salad w/ mayo		$5.50
Salad w/ mayo	V	$4.50
Add tomato		$0.50

wraps

½ Cheese Salad w/ mayo	V	$4.00
½ Chicken Salad w/ mayo		$4.50
Wrap or the Week - see posts		$4.00

hot food

corn on the cob	V, GF	$1.50
Traveller Beef Pie		$5.00
Sausage Roll		$4.50
Spinach & Ricotta Roll	V	$4.50
Garlic Loaf	V	$3.50
Beef Lasagne		$6.00
Spinach & Ricotta Lasagne	V	$6.00
Pie of the week - see posts		$5.00
BBQ or Tomato Sauce squeeze		$0.40

drinks

Water 600ml	$2.00
Up & Go (choc, van or straw)	$3.00
Flavoured Milk 250ml	$3.00
Popper - various	$2.80
Orchy Juice 350ml - various	$3.40

sweet treats

Homemade Muffin - van or choc		$1.20
Cookie		$1.20
Strawberry Jelly Cup	GF	$2.00
Frogs (pkt of 2)		$0.40
Banana Bread		$3.00
Gingerbread Student		$3.00

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ordering

To order on line we MSA. To access this please visit BCE Connect app > schools > tuck shop and follow the prompts. On line ordering and cancelation cut off is 8.15am.

To pay at the counter students must use cash, student ID card (add funds via MSA) or use thier debit card. No phone payments allowed.

volunteer's

Volunteers are a vital part of our tuck shop and Unity Community.

Most volunteers come in after drop off, have a coffee, help prep for the day and pack orders but our busiest times are 8.30- 11.30. Even just a few hours weekly, fortnightly or monthly can make a HUGE difference in what we can do. No experience necessary and all training will be provided.

As a thank you for your help you and your students will get fed on us.

If you'd like to volunteer and join the tuck shop family then please email or pop in to see us.



news $ specials

Tuck Shop News and Specials are published in the school posts (blogs). To access this please visit BCE Connect app > schools > posts

WATCH OUT FOR OUR WEEKLY SPECIALS & SPECIAL DAYS

birthday's

Got a brthday coming up?

You can pre order a birthday platter to be delivered to your students classroom, along with some birthday balloons.

To order please email

cpemberton@bne.catholic.edu.au

or pop along to the tuck shop counter



opening times

Breakfast 7.30 to 8.25

First Break 10.50 to 11.30

Second Break 13.30 to 13.50

contact

Tuck Shop Convenor

Miss Charlotte Pemberton

Tel : 5490 5738

Email :

cpemberton@bne.catholic.edu.au